



HIP ABDUCTION ORTHOSIS

Purpose: To reduce the likelihood of hip joint dislocation, the prescribing physician will direct the orthotist to set the orthotic hip joint to allow a certain range of motion in flexion, extension, and abduction. This maintains the anatomical hip joint in the best healing alignment.

Goal: Your orthotist's goal is to help you heal and mobilize safely.

Use: The orthosis is to be worn at all times unless directed otherwise by the prescribing physician. The device must be donned and doffed (worn) as shown/instructed at fitting, including appropriate positioning and strap tightness.

Hygiene: If allowed by your physician, it is possible to remove the orthosis briefly for bathing purposes; otherwise, a sponge bath will have to suffice. However, care must be taken when moving so as not to put stress on the effected hip. Use a damp cloth to wipe the plastic portion of the orthosis and hand wash the orthosis interface pads with mild soap and warm water, then let air dry; we have provided you with a second set of pads to alternate them for hygiene purposes.

Skin checks: It is important to routinely monitor the skin for signs of trouble; because the device applies pressure to the body, any light-to-medium marks or changes in skin color that disappear within 20 minutes are considered acceptable. A dark mark or anything approaching a bruise would indicate an adjustment is needed; in this case, please contact your orthotist for an appointment.

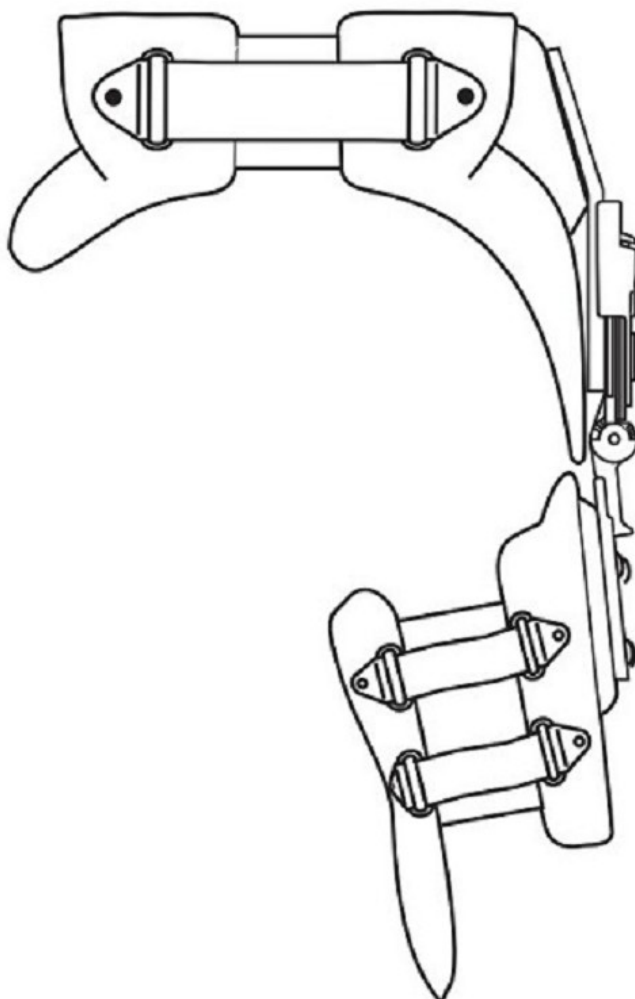
Potential Risks: With the use of any orthosis, there is a potential risk of skin breakdown or, if not being worn properly, the potential risk for tripping/falling.

Potential Benefits: The proper use of this hip abduction orthosis has the potential benefits of reducing pain, allowing appropriate healing, and reducing the likelihood of hip joint dislocation in the future.

General Health Concerns: If you have any concerns about your general health, please contact your physician for assistance; in the case of an emergency, please go to the nearest Emergency Department or call 911.

Follow-Up on Orthosis: If you have any questions or concerns about the function or fit of the orthosis, please contact Northern Orthopedics for an appointment.

Warranty: Northern Orthopedics will make any necessary adjustments or repairs to the device free of charge during the 90 day warranty period; the warranty does not apply if these are needed due to patient physiological changes. The warranty is void if anyone other than Northern Orthopedics alters the device and Northern Orthopedics will not be responsible for adjustments or repairs needed due to abuse, neglect, or normal wear and tear. **Devices cannot be returned.**



Anchorage 907-561-1777

Wasilla 907-357-3737

Soldotna & Statewide 800-478-0852

www.northo.com